

For your medical equipment company, here's an up-to-date list of countries to which you're not allowed to sell from the UK, as per current British government regulations:

- Afghanistan
- Armenia
- Azerbaijan
- Belarus
- Central African Republic
- China (excluding Hong Kong and Macao SAR)
- Democratic Republic of the Congo
- Iran (specific sanctions relating to human rights and nuclear weapons)
- Iraq
- Lebanon
- Libya
- Myanmar (Burma)
- North Korea
- Russia
- Somalia
- South Sudan
- Sudan
- Syria
- Venezuela
- Yemen
- Zimbabwe

These restrictions include comprehensive trade sanctions, arms embargoes, and transit controls. It's important to ensure compliance with these regulations as they are rigorously enforced under UK law. For a detailed understanding of the specific types of sanctions and the goods affected, you can refer directly to the UK Government's resources on trade sanctions and embargoes (Gov.uk).

U.K. Government advice see

<https://www.gov.uk/guidance/sanctions-embargoes-and-restrictions>

Barclays Bank restricts financial transactions with a specific list of countries, which is generally aligned with international sanctions and trade restrictions. As of the latest information, Barclays does not facilitate payments to or from the following countries:

- Cuba
- Syria
- Region of Crimea (Ukraine)
- Iran
- Venezuela

These restrictions are in place due to various international sanctions and compliance regulations that Barclays adheres to in order to prevent illegal financial activities and comply with international laws ([Personal banking | Barclays](#)) ([Barclays IB](#)).